

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:30am-3:30pm Activity Cart 10:45am Church Service- Ch 1851	9:30am Activity Packets 10:00am Sittercise with Scott- Ch 1851 10:15am Sunshine Cart- Erin T 2:00pm Afternoon Movie- Ch 1851 2:00pm Facebook Live Concert with Jim Shaw- Tablets 3:30pm Art Club-go at your own pace	9:30am Activity Packets 9:45am Exercise Workout 1:30pm Afternoon Movie on Tablet 2:00pm Catholic Visits 2:30pm Ice Cream Sundae Social 3:30pm Outside Strolls- sign up 6:15pm Hand Massages with Staff- Lounge	9:30am Activity Packets 10:00am Chair Tai Chi- 1851 10:15am Sunshine Cart with Erin 11:00am Scripture Reading with Bill 2:00pm Room to Room visits 3:30pm Afternoon Movie- Netflix	9:30am Activity Packets 10:00am Folk Band- Zoom on Tablets 10:00am Exercise- Ch 1851 10:15am Sunshine Cart with Erin 2:00pm Glen Miller Concert- Youtube	9:30am Activity Packets 10:00am Sittercise with Scott- Ch 1851 10:30am Jack and Bill- Facebook on Tablets Shannon/Scott 2:00pm Brain Games - Ch 1851 2:00pm Scenic "Strolls" with Erin 3:30pm Afternoon Movie- Resident's Choice 6:15pm American Band Stand Concert- Lounge with Madison	9:30am-3:30pm Activity Cart 9:30am Passing out Activity Packets & room to room visits 10:00am Seated Exercise-1815 1:30pm Afternoon Movie 3:30pm 1:1 Visits with staff	
9:30am-3:30pm Activity Cart 10:45am Church Service- Ch 1851	9:30am Activity Packets 10:00am Sittercise with Scott- Ch 1851 10:15am Sunshine Cart with Erin 2:00pm Afternoon Movie- Ch 1851 2:00pm Facebook Live Concert with Jim Shaw- Tablets Shannon/Scott 3:30pm Uno Card Game	9:30am Activity Packets 9:45am Bean Bag Toss 1:15pm Afternoon Movie 2:00pm Catholic Visits 3:30pm Balloon Volleyball 6:15pm Aromatherapy with Staff- Lounge	9:30am Activity Packets 10:00am Chair Yoga – 1851 10:15am Sunshine Cart with Erin 11:00am Scripture Reading with Bill 1:00pm Afternoon Movie- Netflix 3:30pm Art Club-go at your own pace	9:30am Activity Packets 10:00am Folk Band- Zoom on Tablets Shannon/Scott 10:00am Exercise- Ch 1851 10:15am Sunshine Cart with Erin 1:15pm Dean Martin Concert- Youtube 3:30pm Spa Day	9:30am Activity Packets 9:45am Sunshine Cart 10:00am Sittercise with Scott- Ch 1851 10:30am Jack and Bill- Facebook on Tablets Shannon/Scott 2:00pm Scenic "Strolls" 2:00pm Brain Games - Ch 1851 3:30pm Afternoon Movie- Resident's Choice 6:15pm American Band Stand Concert- Lounge with Madison	Saturday with Scott 9:30am-3:30pm Activity Cart 9:30am Passing out Activity Packets & room to room visits 9:45am Ping Pong Target 1:30pm Afternoon Movie 3:30pm- Sing-A-Long	
9:30am-3:30pm Activity Cart 10:45am Church Service- Ch 1851	9:30am Activity Packets 10:00am Sittercise with Scott- Ch 1851 10:00am Library Visit! 10:15am Sunshine Cart- Erin T 2:00pm Afternoon Movie- Ch 1851 2:00pm Facebook Live Concert with Jim Shaw- Tablets Shannon/Scott 3:30pm Skipbo	9:30am Activity Packets 9:45am Exercise Workout 1:15pm Afternoon Movie 2:00pm Catholic Visits 3:30pm Outside Strolls- sign up- with Erin 6:15pm Hand Massages with Staff- Lounge	9:30am Activity Packets 10:00am Chair Tai Chi- 1851 10:00am Live Zoom Exercise with GrowIN- sign up in advance Shannon/Scott/ Erin? 11:00am Scripture Reading with Bill 1:00pm Afternoon Movie- Netflix 1:30pm Resident Council 3:30pm Hymn Sing	9:30am Activity Packets 10:00am Folk Band- Zoom on Tablets Shannon/Scott 10:00am Exercise- Ch 1851 10:15am Flower Crafting Zoom session with Hannah- in rooms with Erin 1:15pm Celine Dion Concert- Youtube 3:30pm Spa Day	9:30am Activity Packets 9:45am Sunshine Cart 10:00am Sittercise with Scott- Ch 1851 10:30am Jack and Bill- Facebook on Tablets Shannon/Scott 2:00pm Scenic "Strolls" 2:00pm Brain Games - Ch 1851 3:30pm Afternoon Movie- Resident's Choice 6:15pm American Band Stand Concert- Lounge with Madison	9:30am-3:30pm Activity Cart 9:30am Passing out Activity Packets & room to room visits 10:00am Seated Stretching Exercise-1815 1:30pm Afternoon Movie 3:30pm 1:1 Visits with staff	
9:30am-3:30pm Activity Cart 10:45am Church Service- Ch 1851	9:30am Activity Packets 10:00am Sittercise with Scott- Ch 1851 10:15am Sunshine Cart- Erin T 2:00pm Afternoon Movie- Ch 1851 2:00pm Facebook Live Concert with Jim Shaw- Tablets Shannon/Scott 3:30pm Knock Out Card Game	9:30am Activity Packets 9:45am Noodle Exercise 1:15pm Afternoon Movie 2:00pm Catholic Visits 3:30pm Wizard of Oz Anniversary Celebration 6:15pm Aromatherapy with Staff- Lounge	9:30am Activity Packets 10:00am Chair Yoga – 1851 10:15am Sunshine Cart with Erin 11:00am Scripture Reading with Bill 1:00pm Afternoon Movie- Netflix 3:30pm Art Club-go at your own pace	9:30am Activity Packets 10:00am Folk Band- Zoom on Tablets Shannon/Scott 10:00am Exercise- Ch 1851 10:15am Sunshine Cart with Erin 1:15pm Beetles Concert- Youtube 3:30pm Spa Day	9:30am Activity Packets 9:45am Sunshine Cart 10:00am Sittercise with Scott- Ch 1851 10:30am Jack and Bill- Facebook on Tablets Shannon/Scott 2:00pm Scenic "Strolls" 2:00pm Brain Games - Ch 1851 3:30pm Afternoon Movie- Resident's Choice 6:15pm American Band Stand Concert- Lounge with Madison	Saturday with Scott 9:30am-3:30pm Activity Cart 9:30am Passing out Activity Packets & room to room visits 9:45am Parachute 1:30pm Afternoon Movie 3:30pm Ice Cream Floats	
9:30am-3:30pm Activity Cart 10:45am Church Service- Ch 1851	9:30am Activity Packets 10:00am Sittercise with Scott- Ch 1851 10:15am Sunshine Cart- Erin T 2:00pm Afternoon Movie- Ch 1851 2:00pm Facebook Live Concert with Jim Shaw- Tablets Shannon/Scott 3:30pm Uno Card Game	9:30am Activity Packets 9:45 Darts 1:15pm Afternoon Movie 2:00pm Catholic Visits 3:30pm Outside Strolls- sign up- with Erin 6:15pm Hand Massages with Staff- Lounge	 <h1 style="color: green; font-family: serif;">August 2021</h1> <h2 style="color: red; font-family: serif;">Health Care Center Activities</h2>				

If you have any questions, comments, or concerns please feel free to reach out to the Activities Director at ext 532. Activities are subject to change